## TOTAL HIP REPLACEMENT TEACHING CHECKLIST

- Chesley
- Durham
- Kincardine
- Walkerton
- Lion's Head
- Markdale
- Meaford
- Owen Sound
- Southampton
- Tobermory
- Wiarton
- HDH

**Resources:** Total Hip Replacement Patient Education Booklet

### MOBILITY

<table>
<thead>
<tr>
<th>COMMENTS (i.e. patient understanding)</th>
<th>DATE</th>
<th>INITIAL</th>
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</thead>
<tbody>
<tr>
<td>Hip Precautions</td>
<td></td>
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<tr>
<td>Weight Bearing Status</td>
<td></td>
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<tr>
<td>Full ☐</td>
<td>Fewb ☐</td>
<td>Partial ☐</td>
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<tr>
<td>Exercises</td>
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<tr>
<td>Lie to sit under &quot;home&quot; conditions</td>
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<tr>
<td>Transfers</td>
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<tr>
<td>Ambulation/use of walking aides</td>
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<tr>
<td>☐ Standard Walker</td>
<td></td>
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<tr>
<td>☐ Crutches</td>
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<tr>
<td>Stairs Railing yes/no</td>
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</tbody>
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### MEDICATION

- Anticoagulant
- Changes to Medication Regimen
- Pain Management

### ADL

- Dressing in Street Clothes
- Antiembolic Stockings Dressing Training
- Hygiene Needs
  - Tub transfers, showering

### ROUTINE POST-OP TEACHING

- Deep Breathing and Coughing
- Calf Pumping
- Signs & Symptoms of Phlebitis
- Wound Care

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