



Evidence-Based Care Program

ISCHEMIC/HEMORRHAGIC STROKE PATIENT PATHWAY STAGE 3 - REHABILITATION

CATEGORY	REHABILITATION PROGRAM
ASSESSMENT	You will be assessed daily by members of the rehabilitation team. The team will be reviewing your progress throughout your stay.
TESTS	Blood and other diagnostic tests may be done.
MEDICATIONS	You will be given medications as ordered by the doctor.
NUTRITION	Depending on your needs, you may be on a special diet.
ACTIVITY	Your activity level will be determined by what you are able to do. You will be encouraged to be as independent as possible.
EDUCATION	The rehabilitation team will teach you more about stroke and the rehabilitation program throughout your stay. Feel free to ask any questions you may have.
DISCHARGE PLANNING	Discharge plans will be discussed with you and your family.

CATEGORY	GOALS AT DISCHARGE
ASSESSMENT	Further assessment may be done once you leave the rehabilitation program.
TESTS	Results of all tests will be explained to you and follow up made as necessary.
MEDICATIONS	Your medications will be reviewed to ensure you understand the "how, what and why". You will be given a written prescription on discharge.
NUTRITION	You will understand your nutritional needs. Any special diet you require will be explained to you.
ACTIVITY	Your movement, mobility, level of activity and function will improve. You will continue to be active after discharge.
EDUCATION	If you have any questions before you are discharged, be sure to ask a team member.
DISCHARGE PLANNING	You will be aware of follow up appointments. You will know how to continue your rehabilitation after discharge.

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