



**GREY BRUCE HEALTH NETWORK**

**EVIDENCE-BASED CARE PROGRAM**

**ISCHEMIC STROKE**

**PATIENT PATHWAY**

<b>PROCESS</b>	<b>EMERGENCY</b>
<b>ASSESSMENT</b>	<p>We will assess your temperature, blood pressure, pulse, respiration and oxygen level.</p> <p>We will listen to your chest and assess your level of pain.</p> <p>We will do an assessment to determine how your activities of daily living have changed since you had the stroke.</p>
<b>TESTS</b>	<p>We will do some blood tests to help diagnose your condition.</p> <p>An Electrocardiogram (ECG) will be done.</p> <p>A CT Scan will also be done to determine your treatment options.</p>
<b>MEDICATIONS</b>	<p>You may receive intravenous medications.</p> <p>You will be asked about your regular daily medications you take at home. You should not take any of these while in hospital unless notified otherwise.</p>
<b>TREATMENTS</b>	<p>You may have oxygen by prongs in your nose or a mask.</p>
<b>NUTRITION</b>	<p>We will do a swallowing screening to assess your ability to eat and drink safely.</p>
<b>ACTIVITY</b>	<p>Depending on your condition, you may be restricted to bed rest while in the Emergency Room.</p>
<b>EDUCATION</b>	<p>The nurse or doctor will explain to you what type of stroke you have had and what the plan for your care is.</p>
<b>DISCHARGE PLANNING</b>	<p>You will most likely be admitted to hospital.</p>

<b>PROCESS</b>	<b>DAY 1</b>
<b>ASSESSMENT</b>	<p>We will check your temperature, blood pressure, pulse and oxygen level often throughout the day.</p> <p>We will listen to your chest and assess your level of pain.</p> <p>You will be asked about your medical history.</p> <p>We will do an assessment to look at any changes in your condition.</p>
<b>TESTS</b>	<p>We will do some more blood tests to help diagnose your condition.</p> <p>An x-ray of your chest may be done.</p> <p>An Echocardiogram may be ordered today.</p> <p>A Carotid Doppler may be ordered today.</p>
<b>MEDICATIONS</b>	<p>You will be given medications as ordered by the doctor.</p> <p>The medications you take at home may be changed to better manage your symptoms.</p> <p>You may receive intravenous medications.</p>
<b>TREATMENTS</b>	<p>You may still have oxygen.</p>
<b>NUTRITION</b>	<p>You may be on a special diet if you have any problems with swallowing.</p>
<b>ACTIVITY</b>	<p>If you are not regularly getting out of bed and moving around, you may have stockings on your legs to reduce the risk of blood clots.</p> <p>Your activity level will be determined by what you are able to do.</p>
<b>EDUCATION</b>	<p>You will be told about the hospital routines.</p> <p>A team member will go through the “Let's Talk about Stroke” education binder and patient pathway with you.</p> <p>Feel free to ask any questions you may have.</p>
<b>DISCHARGE PLANNING</b>	<p>Your readiness for discharge will be discussed with you and your family.</p>

PROCESS	DAY 2
<b>ASSESSMENT</b>	<p>We will check your temperature, blood pressure, pulse and oxygen level often throughout the day.</p> <p>We will listen to your chest and assess your level of pain.</p> <p>We will do an assessment to look at any changes in your condition.</p> <p>You may be assessed by other members of the health care team (e.g. Physiotherapist, Occupational Therapist, Speech/Language Pathologist, Discharge Planner).</p>
<b>TESTS</b>	<p>We may do some more blood tests.</p> <p>Other diagnostic tests may also be done.</p>
<b>MEDICATIONS</b>	<p>You will be given medications as ordered by the doctor.</p> <p>Your medications may change slightly while in hospital in order to stabilize your condition.</p>
<b>TREATMENTS</b>	<p>You will participate in treatment with members of the healthcare team.</p> <p>You may still have oxygen. We will discontinue your IV when you are drinking enough fluids.</p>
<b>NUTRITION</b>	<p>You may be on a special diet if you have any problems with swallowing.</p>
<b>ACTIVITY</b>	<p>If you are not regularly getting out of bed and moving around, you may have stockings on your legs to reduce the risk of blood clots.</p> <p>Your activity level will be determined by what you are able to do.</p>
<b>EDUCATION</b>	<p>A team member will continue to go through the education materials with you.</p> <p>Feel free to ask any questions you may have.</p>
<b>DISCHARGE PLANNING</b>	<p>Your readiness for discharge will be discussed with you and your family.</p> <p>If you need additional supports to go home safely, this will be discussed with you before discharge.</p>

<b>PROCESS</b>	<b>DAY 3</b>
<b>ASSESSMENT</b>	<p>We will check your temperature, blood pressure, pulse and oxygen level often throughout the day.</p> <p>We will listen to your chest and assess your level of pain.</p> <p>We will do an assessment to look at any changes in your condition.</p>
<b>TESTS</b>	<p>We may do some more blood tests.</p> <p>Other diagnostic tests may also be done.</p>
<b>MEDICATIONS</b>	<p>You will be given medications as ordered by the doctor.</p>
<b>TREATMENTS</b>	<p>You will participate in treatment with members of the healthcare team.</p> <p>You may still have oxygen. We will discontinue your IV when you are drinking enough fluids.</p>
<b>NUTRITION</b>	<p>You may be on a special diet if you have any problems with swallowing.</p>
<b>ACTIVITY</b>	<p>If you are not regularly getting out of bed and moving around, you may have stockings on your legs to reduce the risk of blood clots.</p> <p>Your activity level will be determined by what you are able to do.</p>
<b>EDUCATION</b>	<p>A team member will continue to go through the education materials with you.</p> <p>Feel free to ask any questions you may have.</p>
<b>DISCHARGE PLANNING</b>	<p>Your readiness for discharge will be discussed with you and your family.</p>

PROCESS	DAY 4
<b>ASSESSMENT</b>	<p>We will check your temperature, blood pressure, pulse and oxygen level as needed.</p> <p>We will listen to your chest and assess your level of pain.</p> <p>We will do an assessment to look at any changes in your condition.</p>
<b>TESTS</b>	<p>We may do some more blood tests.</p> <p>Other diagnostic tests may also be done.</p>
<b>MEDICATIONS</b>	<p>You will be given medications as ordered by the doctor.</p>
<b>TREATMENTS</b>	<p>You will participate in treatment with members of the healthcare team.</p> <p>You may still have oxygen. We will discontinue your IV when you are drinking enough fluids.</p>
<b>NUTRITION</b>	<p>You may be on a special diet if you have any problems with swallowing.</p>
<b>ACTIVITY</b>	<p>If you are not regularly getting out of bed and moving around, you may have stockings on your legs to reduce the risk of blood clots.</p> <p>Your activity level will be determined by what you are able to do.</p>
<b>EDUCATION</b>	<p>A team member will continue to go through the education materials with you.</p> <p>Feel free to ask any questions you may have.</p>
<b>DISCHARGE PLANNING</b>	<p>Your readiness for discharge or further treatment will be discussed with you and your family and appropriate plans will be made.</p> <p>Requests for follow up appointments will be made before you go home.</p>

PROCESS	HOSPITAL DISCHARGE
<b>ASSESSMENT</b>	
<b>TESTS</b>	Arrangements for outpatient blood tests will be made before you go home.
<b>MEDICATIONS</b>	Your medications will be reviewed.
<b>TREATMENTS</b>	
<b>NUTRITION</b>	Before going home, you will be consulted by the Dietitian.
<b>ACTIVITY</b>	You will receive safety education before going home.
<b>EDUCATION</b>	Your caregiver has been given support by the team to help you at home if necessary. If you have any questions before you are discharged, be sure to ask a team member.
<b>DISCHARGE PLANNING</b>	Requests for follow up appointments will be made before you go home. The follow up agency will contact you with the appointment date and time.