

Mission	A systems approach to provide integrated chronic disease prevention and management services		
	Roles and Responsibilities		
Components	Community Capacity and Integration	Individual and Family Capacity	Health Care Organizations
<p>Health Promotion</p> <p>All individuals</p> <p>And</p> <p>Primary Prevention</p> <p>All individuals at risk for diabetes</p>	<ul style="list-style-type: none"> Organize and promote Community Physical Activity programs (i.e. Library Pedometer program, Walking clubs, workplace physical activity programs) Promote Health Unit’s Healthy Eating Programs (i.e. Good Food Box, Eat Smart, work place healthy eating programs, supermarket tours, label reading, portion sizes programs) Promote Health Unit’s Poster campaigns (Fruit and vegetable) Healthy lifestyles support groups (Diabetes support groups for those at risk) Actively involved in policy development promoting healthy lifestyles Participate in community needs assessments Engage consumers in healthy lifestyle strategies Promote use of evidence-based tools 	<ul style="list-style-type: none"> Participate in education opportunities and community resources/programs that support healthy living and increase awareness of risk factors Engaged in healthy lifestyle behaviours Remain socially connected within the community Involved in wellness planning Engage in behaviour modification programs for those at risk Attend self management education opportunities Participate in screening and risk identification opportunities Participate in research studies 	<ul style="list-style-type: none"> Community needs assessment Community Physical Activity programs (i.e. Library Pedometer program, Walking clubs, workplace physical activity programs) Healthy Eating Programs (i.e. Good Food Box, Eat Smart, work place healthy eating programs, supermarket tours, label reading, portion sizes programs) Poster campaigns (Fruit and vegetable) Collaborates with the community to develop a system of promoting health and preventing illness, disease and injury Support and participate in community health promotion awareness and education activities (i.e. public diabetes education opportunities) Offer skill building opportunities for health care providers and individuals Establish behaviour modification programs Engage with the community and other health care partnerships to develop environmental supports for healthy lifestyles (i.e. smoking cessation, healthy eating and exercise) Provide resources to aid creating healthy environmental supports – healthy homes, schools and workplaces, eating establishments and safe communities. Play an active role to establish healthy “health care organization” workplaces Advocate for healthy public policy development Participate in research, surveillance and evaluation Promotes and provide screening for early detection of disease Identify potential partners and roles and responsibilities

Diabetes Management:

Secondary Prevention/Care Management

Diagnosis of type 1, 2, or gestational diabetes

and

Tertiary Management/Case Management

Diagnosis of diabetes with one or more complications

- Engage consumers in diabetes management planning and strategy development
- Organize and promote opportunities for knowledge and skill development for residents with diabetes
- Educate consumers in use of community secondary prevention strategies/programming
- Educate consumers on expected impact of secondary prevention strategies on individual wellness and community health care system (e.g. fewer emergency visits and/or admissions related to diabetes)
- Promote, engage in and support development of diabetes education and management strategies and programs
- Organize and promote strategies supporting diabetes self-management – i.e. walking programs, restaurants offering heart healthy choices
- Develop caregiver support strategies including education, communication, support
- Diabetes support groups

- Increase access/awareness/knowledge of programs and services related to diabetes and other chronic diseases
- Engaging in shared decision making, goal setting and care planning
- Attend self-management education and behaviour modification opportunities
- Seek out quality, evidence-informed disease management information
- Client, family, caregiver participate in care planning to optimize well-being and reduce complications
- Advocate for self/client in care planning with health providers
- Utilize social support and health resources as planned/needed

Education:

- Support professional development of diabetes educators to increase knowledge and skills
- Establish CDE as standard for educators
- Plan and coordinate educational activities and opportunities for healthcare practitioners in the region
- Educate clients/patients in use of health system

Delivery System Design:

- Community needs assessment – ensure Consumers receive multidisciplinary care that is high quality and easily accessible
- Establish organizational structure and budget, including a Diabetes Management Advisory Committee to ensure sustainability of program
- Ongoing evaluation of programs objectives and outcomes
- Identify location of services based on target populations and required staffing
- Develop early intervention plan of care to help minimize the negative impacts and prevent disease progression
- Provide active follow up, education and support
- Promote and support strategies (when appropriate) to integrate the client/patient back into the community using linkages and defined roles and responsibilities
- Standardize program structure, curriculum, resources, policy and procedures, documentation, and medical directives based on the CDA and best practices

Information System:

- Establish central referral and booking system
- Establish and maintain a registry of patients with prediabetes and diabetes
- Establish an integrated electronic health information system/electronic health record

Partnerships:

- Identify potential partners (i.e. primary health care, long term care facilities, community agencies, etc.)
- Develop and support partnerships with other healthcare organizations and community stakeholders
- Define roles and responsibilities of various partners
- Share resources