
You will be coming in to hospital for knee replacement surgery. Total knee replacement surgery patients usually stay in hospital 3 to 4 days.

Grey Bruce Health Services (GBHS) and the Community Care Access Centre (CCAC) are working together to provide in home services for total knee replacement patients.

PRE-SURGICAL SCREENING CLINIC

Prior to your surgery, you will have an appointment booked in the Pre-surgical Screening Clinic at Grey Bruce Health Services. A physiotherapist will meet with you and teach you exercises that you need to practice before your surgery.

CONSENT TO PARTICIPATE

By agreeing to participate in the total knee replacement program we assume that we have your permission to collect, use and share your personal health information among your health care providers. You should let the physiotherapist in Pre-surgical Screening Clinic or CCAC know if we do not have your permission.

BEFORE YOUR SURGERY

A CCAC Case Manager will contact you to discuss your in-home care needs.

A physiotherapist will visit you in your home before surgery to:

- measure you for the equipment you will need after surgery
- answer any questions that you have about the exercises you were taught during your Pre-surgical Screening Clinic appointment
- have you practice walking on a flat surface and stairs with a walker, crutches or cane

Prior to surgery, you are encouraged to contact your extended health care insurance company to find out the amount of physiotherapy coverage that is included in your policy.

You need to make an appointment with a physiotherapy service for 2 weeks after your surgery.

If your surgery date changes, you need to notify the physiotherapy service of your new surgery date.

EQUIPMENT

You will have your equipment and walking aid needs assessed by a physiotherapist in your home. You may be asked to obtain some of this equipment prior to your surgery. The rental cost of some equipment may be covered for the first month by CCAC. You will be responsible to pay the rental cost if you keep the equipment beyond one month or if you require equipment that is not eligible to be covered by CCAC.

AFTER SURGERY

Hospital staff will send a referral to CCAC confirming your discharge from hospital after surgery. CCAC will contact you once they have received the referral from Grey Bruce Health Services.

You need to make an appointment to see your family doctor 2 weeks after surgery to have your staples/sutures removed.

AFTER DISCHARGE FROM HOSPITAL

During your first two weeks after surgery, CCAC will provide nursing and physiotherapy services for you in your home. The frequency of the visits will be determined by your CCAC case manager, in consultation with your health care providers.

After 2 weeks of physiotherapy in your home, you are responsible to arrange additional physiotherapy appointments. If you have questions about how to find a physiotherapy service provider, just ask your CCAC Case Manager or hospital staff.



PATIENT INFORMATION PAMPHLET

TOTAL KNEE REPLACEMENT PROGRAM
