



## FRACTURED HIP TEACHING CHECKLIST

- |                                     |                                      |                                      |                              |
|-------------------------------------|--------------------------------------|--------------------------------------|------------------------------|
| <input type="checkbox"/> Chesley    | <input type="checkbox"/> Lion's Head | <input type="checkbox"/> Southampton | <input type="checkbox"/> HDH |
| <input type="checkbox"/> Durham     | <input type="checkbox"/> Markdale    | <input type="checkbox"/> Tobermory   |                              |
| <input type="checkbox"/> Kincardine | <input type="checkbox"/> Meaford     | <input type="checkbox"/> Wiarton     |                              |
| <input type="checkbox"/> Walkerton  | <input type="checkbox"/> Owen Sound  |                                      |                              |

PATIENT ID \_\_\_\_\_

Resources: Information for patients who have had surgery for a Fractured Hip  
Working Together To Prevent Falls

If hip replaced: Total Hip Replacement Patient Education Booklet

<u>MOBILITY</u>	COMMENTS (i.e. patient understanding)	DATE	INITIAL
Hip Precautions			
Weight Bearing Status Full <input type="checkbox"/> Fewb <input type="checkbox"/> Partial <input type="checkbox"/> None <input type="checkbox"/>			
Exercises			
Lift to sit under "home" conditions			
Transfers			
Ambulation/use of walking aides <input type="checkbox"/> Standard Walker <input type="checkbox"/> Crutches			
Stairs Railing yes/no			
<b><u>MEDICATION</u></b>			
Anticoagulant			
Changes to Medication Regimen			
Pain Management			
<b><u>ADL</u></b>			
Dressing in Street Clothes			
Dressing Training			
Equipment Needs			
Home Environment			
Hygiene Needs - Tub transfers, showering			
<b><u>ROUTINE POST-OP TEACHING</u></b>			
Deep Breathing and Coughing			
Calf Pumping			
Signs & Symptoms of Phlebitis			
Wound Care			
Wound Infection			

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