



Grey Bruce
Health Network

**CONGESTIVE HEART FAILURE
CLINICAL PATHWAY
ACUTE STAGE**

GREY BRUCE HEALTH SERVICES

- Lion's Head
 Markdale
 Meaford
 Southampton
 Tobermory
 Wiarton

PATIENT ID

| PROCESS | DISCHARGE CRITERIA | DATE MET | INITIAL |
|--|--|-----------|---------|
| PERFORMANCE INDICATORS | 1 ACE INHIBITOR PRESCRIBED AT DISCHARGE | July 7/06 | MyReg |
| | 2 BETA BLOCKER PRESCRIBED AT DISCHARGE | July 7/06 | MyReg |
| | 3 WARFARIN FOR ATRIAL FIBRILLATION PRESCRIBED AT DISCHARGE | July 7/06 | MyReg |
| | 4 WEIGHT MEASURED EACH DAY OF HOSPITALIZATION | July 7/06 | MyReg |
| | 5 ECHOCARDIOGRAM COMPLETED | July 6/06 | JBR |
| | 6 SMOKING CESSATION ADVICE/COUNSELLING COMPLETED | N/A | JBR |
| | 7 DISCHARGE INSTRUCTIONS RE: DISCHARGE MEDS, SALT/FLUID RESTRICTIONS, DAILY WEIGHTS, SYMPTOMS OF WORSENING CHF, FOLLOW UP APPOINTMENT | July 7/06 | MyReg |
| ASSESSMENT (OBSERVATIONS/ MEASUREMENTS/ ELIMINATION) | NEW YORK HEART ASSOCIATION (NYHA) LEVEL IMPROVED BY ONE OR MORE GRADES SINCE ADMISSION: D/C NYHA LEVEL: <u>1</u> | July 7/06 | MyReg |
| | IMPROVEMENT OF PERIPHERAL EDEMA SINCE ADMISSION | July 7/06 | MyReg |
| | RESPIRATORY RATE IMPROVED SINCE ADMISSION | July 5/06 | JBR |
| | NO CHEST PAIN OR PAIN FROM DYSPNEA | July 4/06 | MyReg |
| | WEIGHT DECREASED SINCE ADMISSION | July 5/06 | JBR |
| BLOOD PRESSURE WITHIN STABLE LIMITS FOR INDIVIDUAL | July 5/06 | JBR | |
| CONSULTS | | | |
| DIAGNOSTICS/ LABORATORY | ELECTROLYTES WITHIN NORMAL LIMITS | July 5/06 | JBR |
| | STABLE RENAL FUNCTION - CREATININE <220 | July 4/06 | JBR |
| MEDICATIONS | ORAL MEDS STABLE x 24 HOURS | July 6/06 | JBR |
| | OFF INOTROPES 48 HOURS | July 7/06 | JBR |
| | PATIENT VERBALIZES UNDERSTANDING OF MEDS | July 7/06 | JBR |
| TREATMENTS/ INTERVENTIONS | | | |
| NUTRITION | PATIENT VERBALIZES UNDERSTANDING OF HEALTHY HEART DIET, SALT/FLUID RESTRICTIONS | July 6/06 | JBR |
| MOBILITY/ACTIVITY | PATIENT TOLERATING ACTIVITY LEVEL 3 (NO DYSPNEA/ DIZZINESS) | | |
| PSYCHOSOCIAL SUPPORT/ EDUCATION | PATIENT VERBALIZES IMPORTANCE OF DAILY WEIGHTS | | |
| | PATIENT VERBALIZES UNDERSTANDING OF SYMPTOMS OF WORSENING HEART FAILURE, WHEN TO CALL PHYSICIAN/COME TO HOSPITAL | | |
| DISCHARGE PLANNING | FOLLOW UP APPOINTMENTS: <input checked="" type="checkbox"/> FAMILY PHYSICIAN <input type="checkbox"/> CARDIAC REHAB <input checked="" type="checkbox"/> CHF CLINIC (GBHS-OWEN SOUND ONLY) | July 6/06 | TC |
| | DISCHARGE SUMMARY COMPLETED ON VARIANCE RECORD | July 7/06 | MyReg |

ALL NON-SHADED BOXES TO BE INITIALED UPON COMPLETION OR MARKED N/A AND INITIALED