



GREY BRUCE HEALTH NETWORK

ISCHEMIC STROKE CLINICAL PATHWAY ACUTE - MEDICAL

Braden Risk Assessment

GREY BRUCE HEALTH SERVICES

- Lion's Head
 Markdale
 Meaford
 Owen Sound
 Southampton
 Tobermory
 Wiarton

PATIENT ID _____

RISK FACTOR	SCORING (Key on Reverse)				DATE	DATE	DATE
	1	2	3	4	SCORE		
Sensory Perception: Ability to respond meaningfully to pressure—related discomfort	Completely Limited	Very Limited	Slightly Limited	No Impairment			
Moisture: Degree to which skin is exposed to moisture	Constantly Moist	Often Moist	Occasionally Moist	Rarely Moist			
Activity: Degree of Physical Activity	Bedfast	Chair Fast	Walks Occasionally	Walks Frequently			
Mobility: Ability to change and control body position	Completely Immobile	Very Limited	Slightly Limited	No Limitations			
Nutrition: Usual food intake pattern	Very Poor	Probably Inadequate	Adequate	Excellent			
Friction and Sheer	Problem	Potential Problem	No Apparent Problem				
TOTAL SCORE							
NURSE'S INITIALS							

Nursing Intervention: Once you have assessed the patient and identified a risk category (high, moderate or low), carry out the following interventions for the patient's risk category.

LOW RISK (SCORE > 15)	MODERATE RISK (SCORE 13-14)	HIGH RISK (SCORE < 12)
<p>Ongoing assessment for change in status related to any of the six risk areas</p> <p>Document reassessment weekly on Kardex</p>	<p>Initiate and document plan of care on Kardex and Unit specific Progress Notes including:</p> <ul style="list-style-type: none"> -Activity level (i.e. turning, positioning) -Contingence management -Monitoring of pressure point areas -Monitor nutritional status -Skin care tools used: prevention mattresses or treatment (i.e. air mattresses), creams, bed hoop, trapeze, dressings -Patient education re: prevention 	<p>Includes "Moderate Risk Intervention" plus requested referral to:</p> <ul style="list-style-type: none"> -Physiotherapy -Occupational Therapy -Dietitian

RISK FACTOR	SCORE/DESCRIPTION			
Sensory Perception Ability to respond meaningfully to pressure related discomfort	1. Completely Limited Unresponsive (does not moan, flinch, or grasp) to painful stimuli, due to diminished level or consciousness or sedation. OR Limited ability to feel pain over most of body surface.	2. Very Limited Responds only to painful stimuli. Cannot communicate discomfort except by moaning or restlessness. OR Has a sensory impairment, which limits the ability to feel pain or discomfort over 1/2 of body.	3. Slightly Limited Responds to verbal commands but cannot always communicate discomfort or need to be turned. OR Has some sensory impairment, which limits ability to feel pain or discomfort in 1 or 2 extremities.	4. No Impairment Responds to verbal commands. Has no sensory deficit, which would limit ability to feel or voice pain or discomfort.
Moisture Degree to which skin is exposed to moisture	1. Constantly Moist Skin is kept moist almost constantly by perspiration, urine, etc. Dampness is detected every time patient is moved or turned.	2. Often Moist Skin is often, but not always moist. Linen must be changed at least once a shift.	3. Occasionally Moist Skin is occasionally moist, requiring an extra linen change approximately once a day.	4. Rarely Moist Skin is usually dry, linen only requires changing at routine intervals.
Activity Degree of physical activity	1. Bedfast Confined to a bed.	2. Chair Fast Ability to walk severely limited or nonexistent. Cannot bear own weight and/or must be assisted into chair or wheelchair.	3. Walks Occasionally Walks occasionally during day, but for very short distances, with or without assistance. Spends majority of each shift in bed or chair.	4. Walks Frequently Walks outside the room at least twice a day and inside room at least once every two hours during waking hours.
Mobility Ability to change and control body position	1. Completely Immobile Does not make even slight changes in body or extremity position without assistance.	2. Very Limited Makes occasional slight changes in body or extremity position, but unable to make frequent or significant changes independently.	3. Slightly Limited Makes frequent, though slight changes in body or extremity position independently.	4. No Limitations Makes major and frequent changes in position without assistance.
Nutrition	1. Very Poor Never eats a complete meal. Rarely eats more than 1/3 of any food offered. Eats 2 servings or less of protein (meat or dairy products) per day. Takes fluids poorly. Does not take a liquid dietary supplement. OR Is on NPO and/or maintained on clear fluids or IV for more than 5 days.	2. Probably Inadequate Rarely eats a complete meal and generally eats only about 1/2 of any food offered. Protein intake includes only 3 servings of meat or dairy products per day. Occasionally will take a dietary supplement. OR Receives less than optimum amount of liquid diet or tube feeding.	3. Adequate Eats over half of most meals. Eats a total of 4 servings of protein (meat, dairy products) each day. Occasionally, will refuse a meal, but will usually take a supplement if offered. OR Is on a tube feeding or TPN (Total Parenteral Nutrition) regimen, which probably meets most of nutritional needs.	4. Excellent Eats most of every meal. Never refuses a meal. Usually eats a total of 4 or more servings of meat and dairy products. Occasionally eats between meals. Does not require supplementation.
Friction and Shear	1. Problem Requires moderate to maximum assistance in moving. Complete lifting without sliding against sheets is impossible. Frequently slides down in bed or chair, requiring frequent repositioning with maximum assistance. Spasticity, contractures or agitation leads to almost constant friction.	2. Potential Problem Moves feebly or requires minimum assistance. During a move, skin probably slides to some extent against sheets, chair, restraints or other devices. Maintains relatively good position in chair or bed most of the time, but occasionally slides down.	3. No Apparent Problem Moves in bed and in chair independently and has sufficient muscle strength to lift up completely during move. Maintains good position in bed or chair at all times.	